

FREQUENTLY ASKED QUESTIONS ABOUT GENERAL INPATIENT REHABILITATION

WHAT SERVICES ARE USUALLY PROVIDED?

Inpatient Rehabilitation provides medical, nursing and therapy services (including physical therapy, occupational therapy, speech therapy, recreational therapy), as well as social work and psychology services, based on individual patient needs.

WHAT ARE THE MOST TYPICAL PATIENT TYPES AT THE REHABILITATION INSTITUTE? (based on 2017 data)

- Orthopedic (fractures and joint replacements) 279 patients/18.7% overall
- Stroke (and other neurological diseases) 548 patients/36.7 % overall
- Cardiac (bypass surgeries, valve replacements) 150 patients/10.1% overall
- Spinal Cord Injuries 153 patients/ 10.2% overall
- Other General Rehab/Medical 361 patient/24.3% overall

The average age of our patient is 64.94 years old overall. More specifically per diagnostic group: Orthopedic -70.7 years; Stroke -71.19 years; other neurological -60.88 years; Cardiac-74.58, Spinal Cord Injuries- 64.94years, and other General Rehab/Medical -73.07 years.

The program does not provide services to patients who require a ventilator, for patients who are in a coma, for patients requiring telemetry, or for patients actively receiving chemotherapy.

HOW LONG CAN YOU EXPECT TO STAY AT THE REHABILITATION INSTITUTE? HOW MUCH THERAPY WILL I RECEIVE WHILE AT THE REHABILITATION INSTITUTE?

The average stay (in 2017) for all patients was 13.43 days. More specifically per diagnostic group: Orthopedic- 12.97 days; Stroke- 13.95 days; other Neurological- 15.08 days; Cardiac-12.75 days; Spinal Cord Injuries- 13.46 days, and other General Rehab/Medical -12.99 days. All patients are scheduled for three (3) hours of therapy five days out of seven. Therapy is usually not provided on the day of admission or discharge from the Rehabilitation Institute.

WHAT CAN I EXPECT TO BE ABLE TO DO FOR MYSELF WHEN I LEAVE THE REHABILITATION INSTITUTE?

All patients are evaluated to see how much help they need to do functional activities (like walking, moving from lying down to sitting up, getting dressed, etc) when they arrive and leave the Rehabilitation Institute. These are the basis of your predicted outcomes, or your individual rehabilitation goals. Based on this evaluation of our patients discharged in 2017, a majority of patients were able to do the following at discharge:

Self Care: At admission most patients required about 50% help from a staff member, and at discharge required 25% or less physical help.

Mobility: At admission most patients required about 75% help from a staff member to walk or go up/down stairs, and at discharge required only 25% or less help.

Transfers: At admission most patients required 50% help from a staff member and at discharge required 25% or less physical help.

More specifically, the following indicates the number of patients who achieved their predicted outcome by diagnostic groupings: stroke 58.2%; other neurological 55.6%; cardiac 66.1%; general medicine 68.2 %; spinal cord injured 66.3%; and orthopedic 69.8%.

WHERE CAN I EXPECT TO GO WHEN I AM READY TO LEAVE THE REHABILITATION INSTITUTE?

It is our goal to return all of our patients back to their own homes, whenever possible. In 2017, sixty-six (66.15%) percent of our patients were discharged home (64.16% orthopedic patients, 62.59% stroke patients, 78.7% cardiac patients, 54.1% neurological patients, 71.9% non-traumatic spinal cord patients). Most patients continue to receive follow up therapy services after they are discharged home.

Some of our patients had unplanned transfers to an acute medical facility (8.3% overall). More specifically per diagnostic group: Orthopedic- 5.38 %; Stroke- 6.93%; other Neurological- 9.46 %; Cardiac- 12.7 %; Spinal Cord Injuries- 7.84 %, and other General Rehab/Medical 13.19 %.

HOW SATISFIED ARE FORMER PATIENTS WITH THE SERVICES THEY RECEIVED AT THE REHABILITATION INSTITUTE?

When a patient is discharged from the Rehabilitation Institute, they receive a Patient Satisfaction Questionnaire. Patients answer the questions on a scale of 1-5 rating their satisfaction with program services in many areas. The highest rating is a score of 100%

Overall Satisfaction (combined Excellent and Very Good Responses) 94.9%
Stroke-97.1%, Orthopedic 90.7%, Spinal Cord Injuries-93.1%, Neurological-93.4%, Cardiac-87.5%, and General Rehab/Medical 93.3%